

THE MULTIDIRECTIONAL RELATIONSHIP BETWEEN

HOUSING AND HEALTH

Everybody needs affordable, stable, secure and good quality housing

HOUSING IS A BASIC HUMAN RIGHT



43.1%

More than two in every five low income households in Australia are in rental stress (AIHW 2018).

Good quality housing protects and promotes:



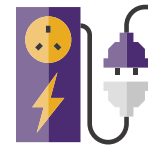
PHYSICAL HEALTH



EMOTIONAL HEALTH AND WELLBEING



SOCIAL HEALTH AND WELLBEING



People often have less money to spend on looking after their health and wellbeing if their housing costs are too high. For example, they might not be able to afford:

- medical costs
- healthy food
- utilities

Therefore every sector, including:



HEALTH



HOUSING



ENERGY



PLANNING



HUMAN SERVICES

...should develop coordinated policy responses, to better support the housing needs of individuals, communities and the population as a whole.

A COLLABORATIVE THOUGHT LEADERSHIP PROJECT BETWEEN...



Government of South Australia

DON DUNSTAN FOUNDATION



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